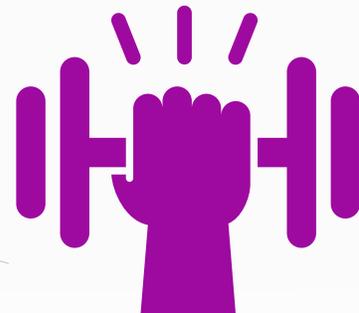


IDENTIFY YOUR STRENGTHS

CIRCLE THE STRENGTHS THAT APPLY TO YOU

Accurate	Forceful	Organized	Versatile
Action-oriented	Forgiving	Original	Visionary
Adventurous	Friendly	Outgoing	Warm
Ambitious	Generous	Patient	Wise
Analytical	Good with	Peaceful	
Appreciative	people	Perseverance	
Artistic	Grateful	Persistent	
Athletic	Helping	Persuasive	
Authentic	Honest	Practical	
Brave	Hopeful	Precise	
Caring	Humble	Prudent	
Charming	Humorous	Reliable	
Citizenship	Idealistic	Respectful	
Clever	Independent	Responsible	
Communicative	Industriousness	Self-assured	
Compassionate	Ingenuity	Self-controlled	
Confident	Inspiring	Serious	
Considerate	Intelligent	Social savvy	
Courageous	Kind	Socially aware	
Creative	Knowledgeable	Spiritual	
Critical thinking	Leadership	Spontaneous	
Curiosity	Lively	Straightforward	
Dedicated	Logical	Strategic thinker	
Determined	Love learning	Tactful	
Disciplined	Loving	Team player	
Educated	Merciful	Team-oriented	
Empathetic	Modesty	Thoughtful	
Energetic	Motivated	Thrifty	
Entertaining	Observant	Tolerant	
Enthusiastic	Open-minded	Trustworthy	
Fairness	Optimistic		
Flexible	Orderly		
Focused			



To Do:

Next Week, take your top five strengths and find a way to use one each day

Practice recognizing strengths in others around you. This will make you more sensitive to seeing your own strengths.

